



## Table Top Soccer

Tee Forshaw

- Equipment: ½ Drinking Straw per person  
2 Paper Cups per table  
1 - 3 Ping Pong Balls per table
- Set-up: Tape down a cup on each end of the table.  
One Scout from each Patrol is the goalie and stands behind his team's goal (cup). Alternate Patrol members on each side of the table.  
Round, square or rectangular tables can be used.
- Play: Place one or more ping pong balls in the middle of the table and yell go. Patrol members try to blow the ping pong balls into the opposing Patrol's cup. The referee/ score keeper places each ball that has scored back into the center of the table.
- Pushing the ball with the straw or touching it with hands is not permitted.
- Scoring: Each ping pong ball entering a cup is a goal.  
Play until a given score is reached or for a fixed period of time.
- Options: If more action or difficulty is needed, add additional ping pong balls to the game or add fixed obstacles such as Scout books or neckerchiefs to the playing surface.

## Waddely Atcha

Author Unknown

One of Many Variations

This is a traditional summer camp contest song, The words are chanted more than sung, but it is the accompanying actions that are important. Are you ready for the challenge? With a little practice, you might be able to beat the Summer Camp Staff.

Waddely atcha, waddely atcha,  
Doodley doo, doodley doo.  
Waddely atcha, waddely atcha,  
Doodley doo, doodley doo.  
Simplest thing, there isn't much to it,  
All you gotta do is doodley do it.  
I like the rest, but the part I like best is...  
Doodley, doodley, doo.

Actions:

### **Repeat twice.**

Slap knees twice, Clap hands twice.  
Slap knees twice, Clap hands twice.  
Pass right hand over left hand three times.  
Pass left hand over right hand three times.

### **Repeat four times.**

Touch nose with right hand while touching right shoulder with left hand.  
Touch nose with left hand while touching left shoulder with right hand.

### **Finish with once through.**

Slap knees twice, Clap hands twice.  
Slap knees twice, Clap hands twice.  
Pass right hand over left hand twice.  
Pass left hand over right hand twice.  
Snap the fingers together in the air.

**(Repeat song, increasing speed each time.)**

Location **East Fork State Park**

**"The Wolves Within"**

Unknown

County Clermont                      Gazetteer Page 75-D-6  
Contact        Ranger  
Phone         (513) 734-4323 - Trail Overnight Res.  
Address       PO Box 0119  
                  Bethel, OH 45106

Travel Time   1.75 Hours - 100+ Miles     Fees

Directions

Take I-71 south toward Cincinnati and take the I-275 Bypass east to SR 125. Take SR-125 east to the Park Entrance.

Follow the signs on South Bantam Road to the Trail Head Parking lot

Facilities

Water Must carry to trail sites.                      Toilet 1 per site  
Shelter No    Tables No

Park 8,420 acres        Lake 2,160 acres  
Fishing        Yes     Power Yes                      River No  
Canoeing       Yes     Swimming Yes  
Hiking 55 miles in park  
Nature Yes

Stores Bethel and Park Office

Bait On route

Notes

416 Sites for Family Camping on 12 loops,  
Group camp

An old Grandfather, whose grandson came to him with anger at a schoolmate who had done him an injustice, said, "Let me tell you a story."

"I too, at times, have felt a great deal of hate for those that take so much, with no sorrow for what they do. But hate wears you down, and does not hurt your enemy. It is like taking poison and wishing your enemy would die. I have struggled with these feelings many times."

He continued, "It is as if there are two wolves inside me; one is good and does no harm. He lives in harmony with all around him and does not take offense when no offense was intended. He will only fight when it is right to do so and, then, in the right way."

"But the other wolf, ah! He is full of anger. The littlest thing will set him into a fit of temper. He fights everyone, all the time, for no reason. He cannot think because his anger and hate are so great. It is hard to live with these two wolves inside me, for both of them try to dominate my spirit."

The boy looked intently into his Grandfather's eye and asked, "Which one wins, Grandfather?"

The Grandfather solemnly said, "The one I feed."